FORM 4

Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print of Type Responses)											
1. Name and Address of Smith Francis A Jr.	2. Issuer Name a GULF ISLANI			0 5		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
POST OFFICE BO	(First) X 310	(Middle)	3. Date of Earliest 03/01/2012	Transactio	n (M	onth/Day/	Year)		X_Officer (give title below) Other (specify below) President & CEO of Subsidiary			
HOUMA, LA 7036	4. If Amendment, 1	Date Origin	nal Fi	led(Month/	Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	ion Date, if Code (A) or Dis (Instr. 8) (Instr. 3, 4) (Day/Year)		Securities Acquired or Disposed of (D) str. 3, 4 and 5) (A) or hount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock		03/02/2012		F		135	D	\$ 29.79	13,233	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	Numl	ber	and Expiration	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of	of (Month/Day/Year) U		Underlying Security		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	vative		Securities (I		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Secur	ities	\$		(Instr. 3 and			Owned	Security:	(Instr. 4)
	Security					Acqu	cquired		4)		0	Direct (D)			
						(A) or							1	or Indirect	
						Disposed							Transaction(s)	< / .	
						of (D)							(Instr. 4)	(Instr. 4)	
						(Instr. 3,									
						4, and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Excicisable	Duit		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

Demosting Operation Name / Address	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Smith Francis A Jr. POST OFFICE BOX 310 HOUMA, LA 70363			President & CEO of Subsidiary						

Signatures

Roy F. Breerwood, III for Francis A. Smith, Jr. Pursuant to Power of Attorney

Signature of Reporting Person

03/02/2012 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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