FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of I Flick Michael A		2. Issuer Name and GULF ISLAND				[GIFI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner				
POST OFFICE BOX ROAD	(First) 310, 567 THO	MDCON	3. Date of Earliest Transaction (Month/Day/Year) 11/18/2016						her (specify below	w)	
HOUMA, LA 70361	(Street)	4	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8) (Instr. 3, 4 and 5)			isposed c	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock		11/18/2016		М		6,173	А	<u>(1)</u>	11,303	D	
Common Stock		11/18/2016		D		3,086	D	\$ 10.5	8,217	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative	2. Conversion		3A. Deemed Execution Date, if							8. Price of Derivative	9. Number of	10. Ownership	11. Nature		
		(Month/Day/Year)	· · · · · ·	Code				· ·		5 0				•	Beneficial
-	Price of		(Month/Day/Year)	(Instr. 8	)	Secu	· · · · · · · · · · · · · · · · · · ·		(Instr. 3 and 4) (Instr. 5)		Beneficially	Derivative	Ownership		
	Derivative						uired							-	(Instr. 4)
	Security					(A) Dist	or oosed						0	Direct (D) or Indirect	
						of (l							Transaction(s)		
							tr. 3, 4,						(Instr. 4)	(Instr. 4)	
						and	5)								
											Amount or				
									Expiration	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				
Restricted Stock Units	(1)	11/18/2016		М			6,173	11/18/2016	11/18/2016	Common Stock	6,173	\$ 0	0	D	

## **Reporting Owners**

Departing Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Flick Michael A POST OFFICE BOX 310 567 THOMPSON ROAD HOUMA, LA 70361	Х						

### Signatures

/s/ Michael A. Flick	11/22/2016
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit is the economic equivalent of one share of the Issuer's common stock. In accordance with the terms of the award, the reporting person elected to settle 50% of his restricted stock units for cash and 50% for shares of the Issuer's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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