FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

			2. Issuer Name GULF ISLAN			υ.		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
			3. Date of Earlie 12/06/2010	st Transac	tion (Month/Da	y/Year	Officer (give title below)Other (specify below)					
HOUMA, LA 7	4. If Amendmen	t, Date Ori	ginal	Filed(Mor	ith/Day/Y	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Benefic							ially Owned			
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
			(infolial Day, foar)	Code	v	Amount	(A) or (D)	Price		· · ·	(Instr. 4)		
Common Stock		12/06/2010		S		2,857	D	\$ 29.75	11,623	D			
Common Stock		12/06/2010		S		211	D	\$ 29.77	11,412	D			
Common Stock		12/06/2010		S		200	D	\$ 29.79	11,212	D			
Common Stock		12/06/2010		S		300	D	\$ 29.76	10,912	D			
Common Stock		12/06/2010		S		200	D	\$ 29.755	10,712	D			
Common Stock		12/06/2010		S		66	D	\$ 29.72	10,646	D			
Common Stock		12/06/2010		S		200	D	\$ 29.71	10,446	D			
Common Stock		12/06/2010		S		134	D	\$ 29.69	10,312	D			
Common Stock		12/06/2010		S		100	D	\$ 29.86	10,212	D			
Common Stock		12/06/2010		S		100	D	\$ 29.855	10,112	D			
Common Stock		12/06/2010		S		12	D	\$ 29.83	10,100	D			
Common Stock		12/06/2010		S		100	D	\$ 29.89	10,000	D			
Common Stock									1,849	Ι	Through Starboard Enterprise Inc.		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)											
1. Title of	f 2.	3. Transaction	3A. Deemed	4.	5.	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature	
Derivati	e Conversion	Date	Execution Date, if	Transaction	Number	and Expiration Date	Amount of	Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	of	(Month/Day/Year)	Underlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative		Securities	(Instr. 5)	Beneficially	Derivative	Ownership	
					Securities				Owned	Security:	(Instr. 4)	
										1 1	1	

Derivative Security				Acqui (A) or Dispo of (D) (Instr. 4, and	r osed) . 3,		(Instr. 4)	3 and	Reported Transaction(s)	Direct (D) or Indirect (I) (Instr. 4)	
		Code	v	(A)		 Expiration Date	Title	Amount or Number of Shares			

Reporting Owners

Demonting Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LABORDE JOHN PETER 583 THOMPSON ROAD HOUMA, LA 70363	Х							

Signatures

Robin A. Seibert on Behalf of John Peter Laborde Pursuant to Power of Attorney

**Signature of Reporting Person

12/08/2010 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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