FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See

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#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of F GALLAGHER JOSE		2. Issuer Name and GULF ISLAND				GIFI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
583 THOMPSON RO	(First) DAD		3. Date of Earliest Transaction (Month/Day/Year) 07/31/2006					_X_Officer (give title below)        Other (specify below)          Other (specify below)        Other (specify below)          Other (specify below)        Other (specify below)				
HOUMA, LA 70363	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)	de (A) or Disposed of (D)			of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		<ol> <li>Nature of Indirect Beneficial Ownership</li> </ol>	
				Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock		07/31/2006		М		10,600	А	\$ 7.5	13,900	D		
Common Stock		07/31/2006		М		6,000	А	\$ 7.125	19,900	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	Execution Date, if	4. Transac Code	tion	5. N Deri Secu Acq or D of (I	fumber of ivative urities uired (A) Disposed D) tr. 3, 4,	6. Date Exercisab Expiration Date (Month/Day/Year	7. Title and of Underlyin Securities (Instr. 3 and	ng	Derivative	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial	
				Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares			(Instr. 4)	
Options (Right to Buy)	\$ 7.5	07/31/2006		М			10,600	02/13/1998 <u>(1)</u>	02/13/2007	Common Stock	10,600	\$ 0	0	D	
Options (Right to Buy)	\$ 7.125	07/31/2006		М			6,000	01/29/2000 <sup>(2)</sup> .	01/29/2009	Common Stock	6,000	\$ 0	0	D	

# **Reporting Owners**

Beneuting Owner Name / Address	Relationships							
Reporting Owner Name / Address		10% Owner	0% Owner Officer					
GALLAGHER JOSEPH P 583 THOMPSON ROAD HOUMA, LA 70363			VP Fin./CFO, Treas/Asst Secy					

# Signatures

Joseph P. Gallagher, III	08/02/2006
Signature of Reporting Person	Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercisable in annual increments equal to 20% of the total number of options beginning on 2/13/1998 and on the next four subsequent anniversaries thereof.
- (2) Exercisable in annual increments equal to 20% of the total number of options beginning on 1/29/2000 and on the next four subsequent anniversaries thereof.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.