FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting LABORDE JOHN PETER	2. Issuer Name GULF ISLAN			0,0		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) 583 THOMPSON ROAD	(Middle)	3. Date of Earlies 02/19/2004	t Transact	ion (I	Month/Day)					
(Street) HOUMA, LA 70363	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	,	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	Date I (Month/Day/Year) a	· · · · · · · · · · · · · · · · · · ·	3. Transac Code (Instr. 8)	ction	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership	
		(Monui/Day/Tear)	Code	v	Amount	(A) or (D)	Price	(IIISU, 5 and 4)	× /	(Instr. 4)	
Common Stock	02/19/2004		S		2,500	D	\$ 19.75	24,000	Ι	By Son	
Common Stock	02/20/2004		S		3,700	D	\$ 19.7986	20,300	Ι	By Son	
Common Stock								26,500	Ι	By Daughter	
Common Stock								32,100	D		
Common Stock								3,049	Ι	Through LLC	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

nation SEC 1474 (9-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. 6. Da		6. Date Exercisable		7. Title and		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	ion	1 Number		and Expirati	nd Expiration Date		unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of	of (Month/Day/		/Year)	Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	Derivative			Securities (Instr		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur	Securities ((Instr. 3 and		Owned	Security:	(Instr. 4)		
	Security					Acquired			4)			Following	Direct (D)		
						(A) o	r						Reported	or Indirect	
						Disposed							Transaction(s)	(I)	
						of (D)							(Instr. 4)	(Instr. 4)	
						(Instr. 3,									
						4, and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	*	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
LABORDE JOHN PETER 583 THOMPSON ROAD HOUMA, LA 70363	Х						

Signatures

Signature of Reporting Person

02/23/2004

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.